

Pacific Northwest AAU Karate Association

Tournament Date: Saturday, March 16, 2002

Location: Edmonds Community College, Seaview Gym
20000 68th Ave. W. Lynnwood, WA 98036-5999

Entry Deadline: Entries received after March 08, 2002 will be assessed a \$15.00 fee.

Complete all forms and return to: PN AAU Karate Association, 96 81 Firdale Avenue, Edmonds, WA 98020

Entry Fees: **Registration fees received before or on March 08, 2002 are:**

1 Event \$35.00

2 Events \$40.00

3 Events \$45.00

4 Events \$50.00

Please make checks payable to WA AAU Karate Services.

A \$25.00 fee will be charged for all returned checks.

Spectator Fees: **\$5.00 Adults \$3.00 Children Ages 5 & up**

Rules: AAU Karate Rules. The official AAU National Karate rulebook may be downloaded from the AAU National Karate website:

www.aaukarate.org

Dress Code: **All contestants must wear** a solid white gi. The official AAU karate patch or no patch at all may be worn on the left chest. Please keep in mind that Regional & National Karate Athletes must wear the AAU patch.

All officials must wear gray slacks, white shirt, blue tie, black shoes and blue blazer.

AAU Membership: All athletes and officials must be members of the AAU and be able to present their current AAU membership card at time of check-in. You can register on the internet at www.aausports.org

**Mandatory
Equipment:**

Solid white headgear for all junior athletes, mouth guards for all fighters, groin cups for all male fighters, white knuckle pads (white cotton type or naugahyde type by Kamikaze, Adidas, or Tokaido) for all fighters. Proper uniform and mandatory equipment required to participate. **(REGIONAL AND NATIONAL ATHLETES MUST WEAR THE NAUGAHYDE TYPE.)**

**Optional
Equipment:**

Shin and instep guard for juniors (White cotton type only), shin guards for adults that are not in the advanced 19 – 34 year old group (white cotton type only), chest protectors for female & junior fighters, certified prescription safety glasses with strap or soft contact lenses.

If you are planning to go on to the Regionals or Nationals, please ask about specific info on chest guards.

Disallowed:

Headbands, jewelry, colored t-shirts, metal hair clips. Rolled up sleeves and pant legs. Long and/or dirty fingernails, eyeglasses during fighting competition. Finally, lettering on gis is not permitted.

DIVISIONS

Athletes may qualify for the Regional Championships in the following divisions: Kata, Kumite, Kobudo, Synchronized Kata, and Team Kumite by attending the Pacific Northwest AAU Karate Association Regional Qualifier.

There will be a break down for each age group according to karate experience. Each athlete must wear the *designated belt color for their level of experience.

The experience level for which an athlete competes in kata and kumite is the same level an athlete must compete in kobudo.

The divisions shall apply to male and female separately. There shall be no mixed genders in kumite, kata, or kobudo for this event.

For the purpose of preparing kata and kobudo teams for the National Qualifier (Regionals), it's important to note that junior kata & kobudo teams may combine males and females. All kata and kobudo teams consist of 3 members. Adult divisions may not mix genders.

Synchronized kata and team kumite are divisions that will not be offered at this event. To qualify in team events for the regional qualifier, athletes must participate in their individual division.

Free selection (Tokui) kata may be performed in each kata and kobudo category. 19 – 34 advanced athletes can qualify for one of the two compulsory kata (Shitei) categories, Mandatory (Shotokan, Shito Ryu, Shorin Ryu, Goju Ryu or Wado Ryu) Specific or Mandatory WKF.

Advanced junior athletes that are 16 years and older may elect to compete in both their age specific kata division and 1 Mandatory kata category as outlined above.

*Designated belt colors for karate experience:

Experience	Level	Belt Color
Less than 1 year	BEGINNER	WHITE
1 year less than 2	NOVICE	GREEN
2 years less than 4	INTERMEDIATE	BROWN
4 years or more	ADVANCED	BLACK

AGE GROUPS

Junior Athletes 5-18
Senior Athletes 40-44

Adult Athletes 19-34
Senior Athletes 45-49

Senior Athletes 35-39
Senior Athletes 50-54

Senior Athletes age 55& UP

Pacific Northwest AAU Karate Association
REGIONAL QUALIFIER & ASSOCIATION CHAMPIONSHIPS

ATHLETE REGISTRATION FORM

COMPLETE ALL AREAS BEFORE SUBMITTING

BEGINNER NOVICE INTERMEDIATE ADVANCED MALE
Please check the appropriate boxes. FEMALE

COST PER EVENT

Table with 2 columns: ON OR BEFORE March 08, 2002 and AFTER MARCH 08, 2002. Rows show costs for 1, 2, 3, and 4 events.

ENTER ME IN THE FOLLOWING EVENTS

KATA KUMITE KOBUDO

MANDATORY KATA Y N

TOTAL NUMBER OF EVENTS ENTERED AMOUNT SUBMITTED\$

LAST NAME FIRST NAME MI

ADDRESS APT#

CITY STATE ZIP

DAY TIME PHONE () - EVENING PHONE() -

BIRTH DATE / / AGE CURRENT AAU #

(Please list age as of July 1, 2002) (Must be able to provide proof of age day of event with Birth Certificate or WA State ID)

E-MAIL ADDRESS EXPERIENCE YEARS MONTHS TIME OFF

CURRENT RANK INSTRUCTOR'S NAME

DOJO NAME KARATE STYLE

DOJO ADDRESS CITY STATE ZIP

DOJO PHONE () - DOJO E-MAIL